

ACCOMPANYING PERSON ACTIVITIES

HARMONY WITHIN: YOGA FOR MIND, BODY, AND SPIRIT



Tour Code
Ap02



Tour Duration
1 HOUR (7:30-8:30am)

TOUR HIGHLIGHTS:

Immerse yourself in the timeless tradition of Yoga, an ancient practice deeply rooted in Indian culture, designed to harmonize mind, body, and soul. Delve into the profound benefits of yoga, renowned for its ability to cultivate inner peace, reduce stress, and enhance overall well-being. Join us for a rejuvenating outdoor session led by an expert

instructor, where you'll learn balancing techniques and mindfulness practices

to invigorate your spirit and awaken your senses in the tranquil embrace of the morning.

Join us for a transformative experience and awaken your inner peace through the ancient wisdom of yoga.

To know the detailed itinerary and pricing for this tour please send your query on the below email ID along with details of the number of pax interested in the tour



TOUR NAME: FLAVORS OF INDIA: HANDS-ON KEBAB WORKSHOP



Tour Code
Ap01



Tour Duration
Half Day

TOUR HIGHLIGHTS:

- Introduction to Kebabs: Delve into the rich history and cultural significance of kebabs, spanning various cuisines and regions around the world.
- Ingredient Showcase: Explore a vibrant array of ingredients, from succulent meats to crisp vegetables, and learn tips for selecting the finest quality produce.
- Spice Blending: Discover the art of spice blending as you create aromatic marinades and seasonings that enhance the flavor profile of your kebabs.
- Skewering Techniques: Master the art of skewering with precision and finesse, learning how to thread your chosen ingredients onto skewers for perfect kebabs.

- **Grilling Mastery:** Fire up the grill and learn techniques for achieving the perfect char and caramelization, ensuring your kebabs are cooked to perfection.
- **Presentation and Garnishes:** Explore creative presentation techniques and learn how to garnish your kebabs with vibrant herbs and sauces for an eye-catching finish.



Kindly Contact :
tours.icold2024@icem.net.in for Customized tours options

- Please note that PCO reserve the right to cancel any conference tour if there are insufficient bookings. Additionally, security restrictions may apply to some tours.